

2017

SEPTEMBER

Hunger Action Month Calendar 2017 30 ways in 30 days

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1 Follow Catholic Charities Terre Haute on Facebook and Instagram 	2 Skip a meal today and experience hunger first hand
3  Update your profile picture on Facebook with the Hunger Action Month frame overlay	4 Collect a few extra food items for you Labor Day BBQ and donate them to Terre Haute Catholic Charities Foodbank	5 Share this Hunger Action Month Calendar with your friends and family 	6 Tell a friend a fact about hunger such as 1 in 6 people in our community are food insecure, or 1 in 5 children are food insecure	7 Set up a food drive at your place of work or congregation and donate to Terre Haute Catholic Charities Foodbank	8 Like Feeding America on Facebook 	9 Call 812.232.1447 to set up a tour at Terre Haute Catholic Charities Foodbank 
10 Make a donation in honor of your grandparents on Grandparent's Day!	11 Set an empty plate at the dinner table tonight and let it be a reminder of those who are battling hunger 	12 Visit ccthin.org to learn more about Terre Haute Catholic Charities Foodbank and our other programs.	13 Post about hunger in your community on social media with the #HungerActionMonth 	14 Hunger Action Day!	15 Volunteer at Terre Haute Catholic Charities Foodbank or one of our food pantry agencies	16 Bread and Produce Market 9:00-10:30 AM at Terre Haute Catholic Charities Foodbank
17 Wear orange in observance of Hunger Action Month 	18 Fill in the blank. On an empty stomach, I can't _____. Post your answer to social media with the #HungerActionMonth	19 Donate the money you would have spent on coffee or lunch today to Terre Haute Catholic Charities Foodbank. \$1 = 4 meals 	20 Sign up for Amazon Smile and designate Catholic Charities Terre Haute to receive your donation	21 Start a compost pile to help reduce food waste from going to the landfill	22 Fresh Friday. Food insecure families often give up fresh produce because of the cost. Help be a part of the solution!	23 Support your Downtown Farmers Market today from 8am-12pm!
24 Make a donation. Find the link at ccthin.org	25 Thank a volunteer or employee at a foodbank or food pantry	26 Give hunger a voice. National Voter Registration Day is today!	27 Visit feedingamerica.org to learn more about how you can help end hunger in our community	28 Talk with your employer about their matching gift program	29 Donate 30 nonperishable items to the Terre Haute Catholic Charities Foodbank. One item for each day in September. 	30 This month is over, but remember hunger is a year-round issue



To find more ways to provide help and create hope for those in your community, please contact **Catholic Charities Terre Haute** at ccthin.org